

Fall Week 2 October 3rd to October 9th

Sunday Brunch

Entree

(served with your choice of two sides)

Eggs Benedict (Gluten & Dairy)

French Toast (Gluten, Dairy)

Roast Sirloin with Horseradish Cream (Dairy)

♥ Salmon

Vegetarian Hash with Two Poached Eggs

Brunch Sides

Broccoli, Bacon, Sausage, Ham, Fresh Fruit or Home Fries

Monday Selections

Appetizers

Apple Salad with Dried Cranberries, Goat Cheese, Pistachios &
Creamy Honey Sage Vinaigrette (Dairy, Nuts)

Black Bean Soup (Garlic)

Entrées

Grilled Flank Steak with Caramelized Shallots

♥ Flounder

♥ Falafel Meatloaf with Lemon Tahini Gravy (Garlic)

Vegetable & Starch du Jour

Sauteed Spinach

Baked Potato

Dessert du Jour

Peach Blueberry Cobbler with Vanilla Ginger Whipped Cream
(Dairy; Gluten Free)

Tuesday Selections

Appetizers

**Bulger Wheat Salad with Roasted Squash, Turnips & Parsnips
with Honey Cider Vinaigrette (Gluten)**

Chicken Curry Soup (Garlic)

Entrées

Rack of Lamb with Olive Sauce

Chicken & Biscuits (Gluten, Dairy)

**♥ Stuffed Acorn Squash with Tofu, Mushroom & Parsnip
Ragu**

Vegetable & Starch du Jour

Brussel Sprouts

Jasmine Rice

Dessert du Jour

**Tiramisu with Chocolate Toffee Brittle & Fresh Raspberries
(Gluten, Dairy)**

Wednesday Selections

Appetizers

Moroccan Carrot & Chickpea Salad with Carrots, Golden Raisins, Peanuts & Honey Ginger Vinaigrette (Nuts)

Potato Leek Soup (Dairy, Garlic)

Entrées

♥ Shrimp Skewers with Citrus Vinaigrette

Pork Tenderloin with Orange Mustard Sauce

♥ Quinoa Stuffed Portabella Mushroom

Vegetable & Starch du Jour

Spinach

Potato Gratin (Dairy)

Dessert du Jour

Harvest Crumb Tart with Apple Brandy Crème Anglaise (Dairy, Gluten Free)

Thursday Selections

Appetizers

Grilled Chicken Salad over Spinach with Tomatoes, Sunflower
Seeds, Cheddar & Sherry Mustard Vinaigrette (Dairy)

Minestrone Soup (Garlic)

Entrées

Spaghetti & Meatballs (Garlic, Gluten, Dairy)

♥ Chicken Piccata

Eggplant Parmesan (Dairy, Garlic)

Vegetable & Starch du Jour

Squash

Spaghetti (Gluten)

Dessert du Jour

Caramel Pecan Brownie with Maple Spice Whipped Cream
(Dairy, Gluten Free)

Friday Selections

Appetizers

Pea Salad with Radishes, Scallions & Blue Cheese with Dijon
Sage Vinaigrette (Dairy)

French Onion Soup (Dairy & Gluten in Garnish)

Entrées

Beef Stew (Garlic)

Fish-n-Chips

Vegetarian Flatbread (Gluten, Dairy)

Vegetable & Starch du Jour

Spiced Carrots

Herb Roasted Potatoes

Dessert du Jour

Crisp du Jour with Vanilla Whipped Cream (Dairy, Gluten
Free)

Saturday Selections

Appetizers

**Pumpkin & Baby Kale Salad with Red onions, Bacon, Feta,
Carrots & Maple Rosemary Vinaigrette (Dairy)**

Cream of Cauliflower Soup (Dairy, Garlic)

Entrées

Smoked Salmon & Tomato Pasta (Gluten)

Meatloaf with Mushroom Gravy (Garlic)

♥ Vegetarian Stuffed Peppers (Garlic)

Vegetable & Starch du Jour

Asparagus

Mashed Root Vegetables (Dairy)

Dessert du Jour

Saturday Sundaes